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Lupus

SECOND EDITION

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OXFORD
UNIVERSITY PRESS

OXFORD

UNIVERSITY PRESS

Great Clarendon Street, Oxford OX2 6DP

Oxford University Press is a department of the University of Oxford.

It furthers the University's objective of excellence in research, scholarship,
and education by publishing worldwide in

Oxford New York

Auckland Cape Town Dar es Salaam Hong Kong Karachi

Kuala Lumpur Madrid Melbourne Mexico City Nairobi

New Delhi Shanghai Taipei Toronto

With offices in

Argentina Austria Brazil Chile Czech Republic France Greece

Guatemala Hungary Italy Japan Poland Portugal Singapore

South Korea Switzerland Thailand Turkey Ukraine Vietnam

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in the UK and in certain other countries

Published in the United States

by Oxford University Press Inc., New York

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First edition published 1999

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British Library Cataloguing in Publication Data

Data available

Library of Congress Cataloguing in Publication Data

Data available

ISBN 978-0-19-921387-0 (Pbk.)

10 9 8 7 6 5 4 3 2 1

Typeset in Plantin

by Cepha Imaging Pvt. Ltd., Bangalore, India

Printed in Great Britain

on acid-free paper by

Ashford Colour Press, Gosport, Hampshire

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Preface

Systemic lupus erythematosus is a remarkable disease which causes a bewildering variety of symptoms and signs. It may be hard to diagnose, it may be hard to treat, and it can certainly be very difficult to live with. This book is intended to try and help patients, and their relatives and carers, understand more about the origins of the disease, the types of problems that it can cause, and the best ways to try and help patients with different combinations of problems. It also offers hope for the future. We describe the rapid advances in our knowledge of the factors which conspire to cause the disease and how that knowledge is being applied to provide more targeted treatments. We believe that this knowledge will radically alter the way lupus is managed over the next decade. We would both like to thank our family and friends, who have been so supportive during the writing of this book, and in particular, our patients who have inspired it.

David Isenberg
Susan Manzi

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